



Elstree Avenue Family Drs

Urgent care providers

East Care Urgent Care
(09 277 1516)

7am – 11pm everyday

Ascot White Cross
(09 520 9555)

OPEN 24/7

Lunn Ave White cross
(09 570 8899)

8am – 8pm GP visits week days only

Urgent care: 8am – 8pm 7 days a
week

Practice Plus – Telehealth
(0800 7722 7587)

Weekdays: 5pm – 10pm

Weekends/Public Holidays: 8am – 8pm

Healthline – Telehealth
(0800 611 116)

OPEN 24/7

Care HQ (Free for Southern Cross insurance members)
(www.carehq.co.nz)

provides you and your family with fast and easy access to a doctor (GP), 7 days a week, 7am - 9pm. As all appointments are via a virtual consultation there's no need to travel to a clinic.
